



## Volunteer Befriender

We are looking for volunteers who can offer Residents living at Cedar House Care Home, Harefield friendship, social and recreational activities and involvement with their community.

You will visit and interact through a range of activities selected by mutual agreement, enhancing our Resident's quality of life. You could be doing anything from sitting and chatting, to organising a coffee morning or a craft workshop to enabling a Resident to go out to their favourite fish and chip shop.

**Commitment:** 1- 3 hours per week

**Duration:** 6 months or more

**Responsibilities:** • To provide regular and reliable visits and befriending

• To carry out a selection of activities e.g. reading, writing letters, chatting, music, baking, cooking, gardening, playing games, accompanying resident on trips out

To meet all reasonable needs of the resident

Skills and/or Qualities:

A friendly approachable manner

Good interpersonal and communication skills

Helpful disposition with an interest in local community

Checks and references:

This post requires a Disclosure and Barring Service (DBS)

check undertaken by Cedar House

All volunteers will receive a full induction, relevant training

and support

**To apply for this role:** An H4ALL application form MUST be completed.

We require two references.

To obtain an application form visit <u>www.h4all.org.uk</u> and

download or print an application form or email

volunteerhub@h4all.org.uk to request an application form

to be sent to you by email or post.